

BLSO PROVIDER COURSE OVERVIEW

Basic Life Support in Obstetrics (BLSO) is designed to equip ED personnel and EMS clinicians with the skills needed to assist in normal and emergency obstetric situations.

1. Normal Labor

- Introduction to normal labor
- Practice normal delivery with manikins

2. Emergent Prenatal Assessment

- Mini-lecture
- Practice taking history, maternal exam and listening to fetal heart sounds

3. Saving the Life of the Mother: Postpartum Hemorrhage (PPH) and Maternal Resuscitation

- Mini-lecture
- Practice PPH resuscitation with fundal massage on manikins
- Practice trauma resuscitation with manikins

4. Malpresentations

- Mini-lecture
- Using manikins, practice recognition of most common malpresentations (transverse lie, occiput posterior, breech, brow, compound, or face presentation) and how to manage in a pre-hospital setting

5. Shoulder Dystocia

- Mini-lecture
- Using manikins, practice maneuvers for shoulder dystocia

6. Hypertensive Emergencies in Pregnancy

- Mini-lecture
- Case discussion of pre-eclampsia/eclampsia case

7. Preterm Labor (PTL) and Premature Rupture of Membranes (PROM)

- Mini-lecture
- Case discussion of PTL and PROM

8. Saving the Life of the Baby: Neonatal Resuscitation

- Mini-lecture
- Case-based small group practice with neonatal resuscitation using infant manikins